



Kempinski Health Club
凯宾斯基健身中心

Membership Brochure

会员手册



Kempinski Hotel
Suzhou

CHINA

苏州金鸡湖凯宾斯基大酒店

Kempinski

HOTELIERS SINCE 1897

中国江苏省苏州工业园区国宾路1号 邮编: 215021

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E-mail 电邮: reservations.suzhou@kempinski.com Website 网址: www.kempinski.com/suzhou



Health Club Membership Benefits

Health Club

Your membership at the Kempinski Health Club entitles you to use and enjoy the following facilities and services:

GYM

Our ^(*) personal trainers can create a completely individualized exercise program, so you get the workout that is exactly right for you and an accurate record of your progress.

All our state-of-the-art equipment is fitted with TV screens

Strength Training Equipment and Free Weights
Over 20 different types of weight lifting machines and weight training equipment, as well as free weights.

Cardio Vascular Equipment
Exercise Bikes, Elliptical & Steppers, Treadmills.

Male and Female facilities
The men and women changing rooms have lockers, showers, dressing.

健身中心会员享受以下服务

健身中心

健身中心位于苏州金鸡湖凯宾斯基大酒店一楼和二楼，我们设施齐全，服务备至。凡光临健身中心宾客均可享用：

健身房

个人健身计划
我们的 ^(*)私人教练会为您量身定制一套完全个性化的健身计划，您将能得到完全合适的健身运动以及训练的精确记录。

所有设备均设有电视屏幕

力量训练器材和自由训练器材
我们提供超过20余种不同的力量训练器材和自由训练器材。

有氧健身器材
固定自行车，云中漫步机，仿真阶梯机和跑步机。

男士与女士更衣室
男女更衣室提供储物柜，淋浴和梳妆区。

Indoor Swimming Pool

The swimming pool is indoor, heated and fitted for your relaxation.

Other Facilities

1 professional indoor Tennis Court, 2 Squash Rooms, 2 Card Playing Rooms and 4 Mah-jong Rooms.

Membership Privileges

Free Car Parking for 4 hours.

Family Member may bring two children under 12 years old for free.

Opening Hours

06:00-23:00

Friendly, Professional, Service-Minded Staff

The Health Club caters to the individual, in addition to providing first-class fitness facilities, our professional trained staff pride themselves on their ability to give you the best in quality personalized service.

室内游泳池

恒温的室内游泳池为您提供舒适的休闲体验。

其他设施

一片专业的室内网球场，两间壁球房，两间棋牌室和四间自动麻将房。

会员可享受以下特权

每次4小时免费停车。

家庭年卡会员可携带两名12岁以下儿童免费使用。

营业时间

每天06:00-23:00

友善，专业，服务至上的员工

健身中心迎合了每个人的需要，不但因为我们提供一流完备的休闲设施，而且最让我们引以为豪的是我们这批训练有素的员工，他们将不遗余力地为您提供最高质量的个性化服务。

^(*) Denotes fees are not covered by membership, an additional charge may apply.

^(*) 代表不包括在会员费内，需要额外收取费用。



Health Club *Membership Fees*

健身中心会员价目表

Kempinski

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HEALTH CLUB MEMBERSHIP FEES

Membership Type	Member Fee (RMB)
Individual-12 months	10,000
Individual-6 months	6,000
Individual-3 months	3,500
Individual -1 month	1,500
Family -12 months	14,000
Family - 6 months	8,000
Family - 3 months	4,500
Family - 1 months	2,500
OFF PEAK MEMBERSHIP Monday to Friday (9:00-17:00) (Not applicable on Saturday & Sunday)	6,000 / 12 months 3,500 / 6 months 2,500 / 3 months 1,000 / 1 month
Non-Member Entrance Fee	250 per visit

Membership Benefits

Free Car Parking for 4 Hours

Family Member may bring two children
under 12 years old for free.

Guest fee applies to 12 years old and above.

Non Member Entrance Ticket

20 Visits RMB 3,000 (Valid for 3 months)

30 Visits RMB 4,000 (Valid for 6 months)

Above prices are net and are valid till December 31, 2010

健体中心会员价目表

会员类型	会费(人民币)
个人年卡	10,000
个人半年卡	6,000
个人季度卡	3,500
个人月卡	1,500
家庭年卡	14,000
家庭半年卡	8,000
家庭季度卡	4,500
家庭月卡	2,500
非繁忙时段健身卡 周一至周五 9:00-17:00 (周六, 周日不能使用此卡)	6,000 / 年 3,500 / 半年 2,500 / 季度 1,000 / 月
非会员单次使用费	250 / 次

会员可享受以下特权

免费停车

家庭年卡会员可携带两名12岁以下儿童免费使用
12岁以上儿童按来宾价收费

宾客入场券

一次购买 **20** 张券 人民币 **3,000** (有效期三个月)

一次购买 **30** 张券 人民币 **4,000** (有效期六个月)

价格有效期至2010年12月31日