



Kempinski  
Grand Hotel des Bains

ST. MORITZ

## Press Release

### THE MAURITIUS SPRING

Since two to three thousand years ago, humankind has been drinking from the sour water springs of St Moritz. The iron spring was discovered during the Bronze Age and encapsulated in a well, which was used until 1907. In 1553, Paracelsus von Hohenheim, visited the mineral spring of St Moritz and immediately recognized the medical benefits of such a spring which he then described in his medical writings. His writings are said to be the first known and well preserved medical writings describing the “Sanct Mauritz” sour water spring. In Paracelsus’s subsequent writings, he detailed his preference of the St Moritz iron spring in comparison to other similar springs throughout Europe.

The Mauritius springs, which brought the resort its early fame, were originally housed in a building of the hotel. The springs are accessible once again, and guests can reach them comfortably from the hotel. The famed doctor Paracelsus once described the Mauritius waters as one of the most healing natural springs in all of Europe. Today, guests of the Kempinski Grand Hotel des Bains can experience the restorative power of the springs around the clock, day and night.

#### Chem. composition (extract):

Cations:		Anions:	
Iron FE 2+	15.8 mg/l	Carbonic acid	
Sodium Na+	147.0 mg/l	HCO	1235.0 mg/l
Magnesium Mg2+	26.4 mg/l	Chloride Cl	20.0 mg/l
Calcium Ca2+	317.0 mg/l	Chloride Cl	20.0 mg/l
Potassium K+	3.5 mg/l	Sulphate SO	200.0 mg/l



## Kempinski Grand Hotel des Bains

ST. MORITZ

### **Editor's Notes**

The Kempinski Grand Hotel des Bains is located right at the source of St. Moritz and only a few walking minutes from the famous lake. In 184 rooms & suites a great service is offered e.g. 24-hour room & Concierge service, babysitter service & special kids menus and bathrooms with heated floors. You will be spoiled in four awarded restaurants, in the High Alpine Spa with indoor pool & extensive sauna landscape, Sport Shop & ski school and daylight banquet rooms with full technical equipment

The Kempinski name is proudly borne by a growing collection of distinguished properties around the world. Europe's oldest luxury hotel group, Kempinski has built its reputation on the belief that exclusivity and individuality are key elements of true luxury. Each year, an increasing number of guests come to appreciate these qualities, as Kempinski adds new hotels and resorts in Europe, the Middle East, Africa and Asia. While this growth reflects the strength and success of the Kempinski brand, the collection will remain a limited one, where exclusivity can be nurtured and individuality can flourish.

### **For further information:**

[www.kempinski.com](http://www.kempinski.com) • [www.globalhotelalliance.com](http://www.globalhotelalliance.com)

### **Edited by:**

Betina Welter • PR Manager • Kempinski Grand Hotel des Bains

Via Mezdi 27 • 7500 St. Moritz • Schweiz

T +41 (0)81 838 30 34 • F +41 (0)81 838 30 69 • M +41 (0) 79 77 40 866

[betina.welter@kempinski.com](mailto:betina.welter@kempinski.com) • [www.kempinski-stmoritz.com](http://www.kempinski-stmoritz.com)