



Grand Hotel
Kempinski

HIGH TATRAS SLOVAKIA

Kempinski
The Spa

BY RESENSE



Kempinski

HOTELIERS SINCE 1897

The Herbal *Spa*



Kempinski The Spa is based on the healing **elements of nature**. Restoration and healing principles are inspired by **seasonal cycles** and the use of pure **organic herbs**.

The Spa *Philosophy*



Our **philosophy** lies into restoring the powerful **effect of nature**, by either adapting to the outside environment or by fulfilling the **inner balance**.

Kempinski The Spa *at*
High Tatras



Located within the Grand Hotel Kempinski, the spa offers extreme **luxury** and **privacy** and is a reflection of **European elegance**.

Kempinski The Spa **at**
High Tatras



Kempinski The Spa at High Tatras is an oasis of **relaxation**, **rejuvenation** and **tranquility**.

Kempinski The Spa **at** *High Tatras*



From the moment you enter, the scent of **herbal oils** and the soft music, the **tranquil sounds** of running waters and the **breathtaking views** of the mountains prepare you for **exclusive moments** of *personal indulgence.*

Kempinski The Spa at *High Tatras*



The spa is more than 1300 sqm in size with **impressive** lap pool, **experience** showers, **vitality** pool, caldarium, saunas, **herbal-infused** steam rooms and cold plunge pool.

Kempinski The Spa **at**
High Tatras



Whether you wish to find **true inspiration** or simply to **unwind** your mind of the worldly tensions, we recommend you to complete your **experience** by resting in our *relaxation area*.

Kempinski The Spa **at**
High Tatras



Experience our spa treatments made according to your specific needs and corresponding to the seasons.

Kempinski The Spa at
High Tatras



Taste our **energetic** juices and **herbal** teas and savour **healthy** delicacies at the **cosy** lounge area of the *Vitamin Bar*.

Kempinski The Spa **at**
High Tatras



Unlock your **inner strength** at our *Fitness Centre*, equipped with advanced cardiovascular and weight machines.

Kempinski The Spa at
High Tatras



We look forward to guide you through a **spa journey** of your own.
... your journey begins here



Poprad-Tatry Airport, Slovakia: 28 km
Košice Airport, Slovakia: 150 km
Krakow Airport, Poland: 170 km

Kempinski The Spa at
Grand Hotel Kempinski High Tatras
Kupelna 6, 059 85 Strbske Pleso, Slovakia
T +421 52 3262 222 (Extn. 2450)
F +421 52 3262 333
e reservations.hightatras@kempinski.com

www.kempinski-hightatras.com

