



Kempinski Hotel  
Hybernská

PRAGUE

## Massages and Wellness Treatments Provided at MONSOON SPA, at Close Proximity to the Hotel

### SPA – wet part:

120 min | 1 200 CZK

Finnish sauna, aroma saunarium, aroma steam bath, salt and aroma sauna, hammam, ice well, obelisk therapy, whirlpool, thalassic oxygen therapy, relax room.

### Private saunas and steam baths:

60 min | 1100 CZK per person

#### China

Private apartment in Chinese style with sauna and whirlpool for up to 4 persons, offers minibar (for additional charge) and iPod music collection.

#### Morocco

Private apartment in Moroccan style with steam bath and whirlpool for up to 4 persons, offers minibar (for additional charge) and iPod music collection.

### European therapies:

45 min | 1 400 CZK    90 min | 2 300 CZK

#### Swedish massage

Classical massage for your tired body and soul. Gives you vitality and freshness.

#### Sport massage

For very tensed and tired muscles. Let the therapist release your muscle blocks and relieve your inner and outer tension.

#### Reflex foot therapy

Energizes your body and all your inner organs through reflexive points on your feet.

#### Massage with hot lava stones

Feel deeply relaxed and free of pain again. This massage uses medicinal heat of hot lava that boosts energy flow through reflexive points on your back.

#### Physiotherapy

Rehabilitation in hands of professional physiotherapists.



Kempinski Hotel  
Hybernská

PRAGUE

## **Ayurvedic therapies:**

### **Abyanga**

90 min | 2 300 CZK

Traditional hot oil body massage provides complete regeneration, relaxation and healing. 30 minutes of the massage focuses on the most important part of your body – your head.

### **Kati Abyanga**

45 min | 1 400 CZK

Oil massage for your back, nape and shoulders intended for those who spend a lot of time working on the computer. Massage removes pain of rigid muscles.

### **Paada Abyanga feet massage**

45 min | 1 400 CZK

Relaxing massage based on the Ayurvedic reflexology.

## **Thai therapies:**

45 min | 1 400 CZK    90 min | 2 300 CZK

### **Thai oil massage**

Massage harmonizing the flow of body energy combining the nourishing and relaxing benefits of aroma oils.

### **Thai classical massage**

Spread your hidden energy all over your body. Combination of acupuncture and stretching that fights against stress and tired mind.

### **Thai facial massage**

Treatment includes massage of the face, cleavage and upper limbs. Cure that lifts up the skin and smoothes your face.

### **Foot paradise**

Create your own paradise by choosing this relaxing therapy. This massage stretches tired feet and acts against feet or knee pain.

## **Arabic therapies:**

### **Turkish foam massage (Nefertiti / Pasha Massage)**

45 min | 1 500 CZK

Arabic peeling massages using aromatic foam and completed by pouring hot and cold water on the body. The therapy is performed on the heated marble stone and makes you feel fresh and hydrated.



Kempinski Hotel  
Hybernská

PRAGUE

## **Egyptian massage**

90 min | 2 300 CZK

Relax in Finnish sauna or steam bath and clean your body and soul with coconut peeling foam followed by an exotic massage.

## **Body therapies:**

### **Packages Energy, Relax, Sport**

90 min | 2 600 CZK

Energy	Carbonic bath, oxygen and color therapy, reflexology
Relax	Carbonic bath, oxygen and color therapy, relaxation massage with aroma oil
Sport	Carbonic bath, oxygen and color therapy, sport massage

### **Packages Beauty, Slim, Detox**

90 min | 2 600 CZK

Beauty	Cleopatra's bath, beautifying massage, mystery wrap
Slim	Vibrating massage, steam bath, bulb massage, slim wrap
Detox	Vibrating massage, steam bath, lymphatic massage, detoxifying wrap

## **Chocolate massage and coffee scrub**

45 min | 1 500 CZK    90 min | 2 500 CZK

Coffee peeling removing impurities is followed by an amazing smell of chocolate massage with detoxifying and energizing effects.

## **Coconut peeling and massage**

45 min | 1 500 CZK    90 min | 2 500 CZK

Exotic peeling and massage leaves a feeling of new and dazing.

## **Fresh therapy**

90 min | 2 500 CZK

Spoil yourself with a summer smell of lemon while enjoying an energetic refreshing bath, peeling and massage.



Kempinski Hotel  
Hybernská

PRAGUE

**Ultra-sound non-invasive liposuction for problematic areas (45 min)  
or for the whole body (90 min)**

45 min | 1 500 CZK    90 min | 2 600 CZK

Treatment for a slim body with no cellulite. After consultation with the therapist you can choose to concentrate on your hips, abdomen, thighs or buttocks.

**Face – Lift**

45 min | 1 500 CZK

Treatment is ideal for rejuvenation and revitalization of your skin. The cure clears the skin and removes wrinkles.

**Lymphatic drainage**

45 min | 1 500 CZK

Combination of manual and machine treatment that reduces blockages of the lymphatic system and helps to remove toxins from your body.

**Treatments are available daily from 12 to 10 pm.**

**All massages and treatments are provided by Monsoon Spa,  
a fully licensed provider of Spa services.**