



Grand Hotel Kempinski

HIGH TATRAS · SLOVAKIA

10 GOOD REASONS TO VISIT HIGH TATRA MOUNTAINS AND THE GRAND HOTEL KEMPINSKI HIGH TATRAS

With the opening of the **Grand Hotel Kempinski High Tatras**, the renowned Kempinski group moved in a new era in the history of Strbske Pleso and High Tatras.

The Grand Hotel Kempinski High Tatras is the first five-star *hideaway boutique hotel* in the region, an oasis of luxury on the shore of a glacial mountain lake overlooking the majestic panorama of the High Tatra peaks. The recently redeveloped heritage building of a fin-de-siècle grand hotel offers historic charm and leaves the visitors spoiled for city life.

Breathtaking beauty of the surrounding nature, fresh and beneficial alpine air, wide range of year-round activities, romance and adventure, history combined with stylish luxury, fine dining, family friendly atmosphere, wellness and spa to refresh your mind, body and soul – sublime luxury and comfort –all of these you can find at the **Grand Hotel Kempinski High Tatras**.

Away from the crowd...the dream of a luxury hideaway.

1. TREASURES OF HIGH TATRAS

High Tatras - Vysoke Tatry form the central, highest and the most beautiful section of the mountain range in the Carpathian Mountains. Although considerably smaller than the Alps, they are classified as having an alpine landscape. Their high mountain character, combined with great accessibility, makes them popular with tourist and scientists.

The High Tatras Mountains have all *giant mountain attributes* - long still valleys, *emerald mountain lakes*, roaring waterfalls, mountain torrents, high mountain flora and fauna. Villages below the Tatras have a sport, curative and recreational character.

The whole High Tatras mountains belong to Tatransky Narodny Park - *the Tatras' National Park (TANAP)*. Typical animals of higher level of Tatras are chamois and marmot, on the forest level also roebucks, stags, boars, wolves, bears, otters, and of course many squirrels always waiting at the trails for some nuts from tourists. The sky belongs to eagles. The chamois is the symbol of Tatras. It is one of the most precious species, as it developed in isolation since the glacial age. This is the reason why it differs from its relatives living in the Alps or Apennines. Its protection is extremely strict because only 300 animals survive at present.

For the nature lovers we offer the *Bear watching package*. The best time to see these protected animals is in May-June and September-October.

2. ACTIVITIES FOR EVERYONE

The **unique natural environment** of the Tatras offers all-year round outdoor activities for visitors of all age groups whether they are active sportsmen, senior citizens or families with small children. Activities such as hiking, rock climbing and skiing are just some of the most popular ones. But there are also many other activities including mountain cycling, horse riding, paragliding, swimming or even rafting along local rivers. The only limits for outdoor activities are those set by the individual.

Our Concierge is happy to assist with arranging of any of the above mentioned activities for individuals as well as groups.

At the **Grand Hotel Kempinski**, special attention is paid to **families with kids**. Except extra **services and amenities** like complimentary breakfast for children under 5 years, special step at check-in and in the bathroom, welcome gift (up to 12 years), child-sized robes and slippers, complimentary bedtime milk, no tear shampoo, special children toiletries or Children's menu, available are also **Kids Club** or babysitting on request.

3. LOMNICKY PEAK

Lomnický štít (Lomnický peak) is one of the highest and most visited peaks in the High Tatras. Connected by cable car to Tatranska Lomnica its summit is 2,634 metres above sea level, making it the second highest peak in the High Taras after Gerlachov Peak.

In the past it was believed that Lomnický peak is the highest and it was called Dedo (Grandfather). The first man on the summit was English traveller Robert Townson in 1793.

It is also the highest inhabited place in Slovakia and offers excellent scenic views of the whole High Tatras. You can also get some small refreshment in the Café Dedo, which is the highest situated coffee bar in Slovakia.

Right on the top the Meteorological station, the Cosmic Radiation Research and the Coronal Station were built.

Since 1940, tourists can reach the peak by the cable car, which was the most modern in Europe at the time of its opening and are allowed to stay on the peak for 50 minutes.

A **new observation deck** was also opened at the top of Lomnický Štít providing stunning views of the mountains and the Malá Studená Valley, and even extending over the cliffs for a look at the sheer drop below. The State Forest Company of the Tatras National Park (TANAP) also opened here the **highest natural botanical garden** in Slovakia.

It is also possible to climb the peak from Lomnický Saddle with the supervision of a mountain guide.

4. ŠTRBSKÉ PLESO

The Grand Hotel Kempinski High Tatras is occupying a prime location on an alpine lake 1.351 metres above sea level.

Štrbské Pleso is the most famous and the most visited lake in the High Tatras. It is the second largest glacial lake on the Slovak side of the High Tatras, after Hincovo pleso to which it loses by 0.8 acres (3,200 m²). It is fed by underground springs and has no visible outflow stream. Its surface remains frozen for around 155 days per year.

The first notice about the lake is from Dávid Frölich 1644. Before tourists it was known among miners, hunters, and wood-cutters... Fishes had been regularly added into the lake since the end of the 19-th century. The ice because of its excellent quality was broadly used (it was even exported to Budapest, Berlin and Vienna). The importance of Štrbské Pleso has increased mainly after WWII. Sanatoriums served the war veterans, later for treatment of tuberculosis and from the 50-ties also for treatment of unspecific diseases of respiratory tract.

Located just few steps from the hotel, Štrbské pleso is an excellent place for romantic walks or jogs. Boating is also available in spring and summer, ice skating or cross-country skiing in winter.

5. BELIANSKA CAVE

Belianska cave is the only cave open to public in the High Tatras. Treasure-seekers knew of the cave's existence and entered its entrance areas as early as the former half of the 18th century. Nonetheless, the cave remained hidden from the eye of the public for many years, and it wasn't until 1826 that L. Gulden and a gold digger named Fabry rediscovered the mouth of the cave. Cave was lighted already in 1896. Power plant on the brook Biela supplied the electricity. Only three visits a day to the cave were admitted in those times but the guide was obliged to open the cave even if there was only one visitor.

The cave is situated under the eastern end of the Belianske Tatras. A good starting point for visiting the cave is a settlement Tatranská kotlina (Tatranská Basin). Do not let the 30 minutes long slightly ascending path to discourage you. 1001 m long wonderful excursion will be a reward for your effort. You will certainly be impressed by a rich stalactite and stalagmite decoration with large rooms in grey-blue limestone.

The cave is also used for **climatic therapy**. The space with excellent acoustics, called the **Music Hall** is the venue of **concerts** of reproduced music every year in August.

6. THE FRESH AIR AND HEALING ALPINE CLIMATE

The High Tatras are plumb studded with **natural climatic spas** that use these specific facilities of the region.

The **healing power of the climate** here is precisely scientifically documented thanks to exact investigation. The basic natural healing factor is the therapeutically efficient mountain and alpine climate that has favourable and complex effect on a human body suffering from some of the diseases like for example **asthma, chronic obstructive lung disease, chronic rhinitis**, etc.

The High Tatras are unique, because all types of the mountainous climate are covered within such a little horizontal distance. The High Tatras lie above the dust atmosphere layer and are far away from industrial centres. Furthermore, air cleanness is ensured by different vegetation and in winter time by continual snow cover as well.

7. WELLNESS AND SPA

For guests seeking an all encompassing spa experience, a full service **1300 m2** Wellness & Spa is available, offering a variety of facial and body treatments, massages, various saunas, themed showers, indoor pools with views, heated stones, Kneipp`s journey or ice rain and a large Fitness Center

Our staff is committed to enhancing the life and well-being of each individual that enters the Wellness & Spa. With integrity and knowledge we will honor every specific need in a peaceful and serene environment.

Especially **unique and luxury is the interior of the spa**, with crystal chandeliers and designer furniture. There is no better experience than to plunge yourself into pool and enjoy spectacular views to the lake and mountains.

Various Wellness and Spa **packages** are also available at the **Grand Hotel Kempinski High Tatras**.

8. ROMANCE AND ADVENTURE

The Grand Hotel Kempinski High Tatras is the ultimate vacation spot for people in love. Clear water of the alpine lake and mountains at the background set the scene for relaxation and romance is inevitable. Our guests can cozy up in a chair on the terrace near the lake, have a glass of champagne near the fireplace or in the rooftop Jacuzzi of the **Honeymoon suite**, or indulge their senses in the Wellness and Spa.

The hotel is the perfect setting for weddings and honeymoons with a special **Wedding package** available.

Anyone in search of a romantic getaway with a bit of adventure and excitement with that special someone will enjoy our **Romance and adventure package** that also includes a flight in the hot air balloon.

9. THE BEST CUISINE IN THE REGION

No holiday is complete without a great food.

The Grand Restaurant is all day dining restaurant offering International and Mediterranean cuisine, focusing on finest fish, seafood and meat. Guests can savour the best of seasonal, local produce and the finest of wines from celebrated cellars with the largest collection on wines in High Tatras.

The restaurant has a sumptuously furnished sitting room where you can relax in front of the glow of an open fire and take in the wonderful views beyond; The international as well as the local specialties are prepared by our international team of chefs. The **Grand Restaurant** is located on 1st floor with a seating capacity of 124 people.

Lobby Lounge with an outside terrace is an oasis of tranquility and serenity with spectacular lake views. It is an ideal place for light snack or Tapas, afternoon tea or coffee with big selection of cakes, pastries & chocolates. In the evening our guest can enjoy special cocktails of taste from our collection of cognacs and whiskies. Non-formal, casual setting is emphasized by the sound of a crackling fire place at the background.

Vitamin Bar is located in the Wellness and Spa area and offers healthy, diet snacks and freshly squeezed juices and cocktails after a good workout in the fitness centre.

10. HISTORY AND PRESENCE OF THE GRAND HOTEL KEMPINSKI HIGH TATRAS

Grand Hotel Kempinski High Tatras went through a complete reconstruction of the former complex of therapeutic houses and hotels. The three objects were established and linked in succession in different periods; they were built from different materials and in different architectural styles. The oldest „Janosik“, built in year 1893-1894, was followed by „Spojovacia budova“ (Link Building – then the coffee house and bathhouse parlour) in 1887, "Krivan" in 1906 and finally "Hviezdoslav" in 1923.

It was a huge challenge for the architect, Peter Cerno, to convert the old and historically protected building into a luxury 5-star Kempinski hotel and apartments fulfilling the needs of the most demanding clients.

The Hotel has 98 spacious rooms and suites with breathtaking views over the lake, mountains and surrounding valley, including the Presidential Suite and the Honeymoon Suite complete with private Jacuzzi on the roof.

Luxury limousine service with special services and amenities are provided, to make the journey even more enjoyable. Available are also helicopter and private jet transfers from Bratislava and Vienna airports.

To book or for further information visit:

**www.kempinski-hightatras.com
www.globalhotelalliance.com · www.flyasiana.com www.staralliance.com**

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