



# Rose Spa

SPA TREATMENTS



Kempinski Palace  
Portorož

ISTRIA • SLOVENIA

# Face Treatments

## Face treatments for him and her

Discover a world of customised treatments adapted to your skin's needs: firmness, moisturising, purity, softness and nutrition.



### CARITA Lagoon hydration

60 min. € 79  
90 min. € 109

#### Refreshing replenishing care for dehydrated skin

Bathe your skin in Polynesian lagoon water! Designed for dehydrated or tired skin, this treatment immerses the skin in a replenishing, revitalising pool of freshness. Benefit from a combination of powerful moisturising\* treatments, rich in lagoon water, and massage techniques that promote the absorption of active ingredients. Emerge from this refreshing bath with plumped-up skin and a radiant complexion!

### CARITA Papaya purity

60 min. € 79  
90 min. € 109

#### Balancing mattifying care for combination to oily skin

Designed to meet the needs of combination to oily skin, this treatment purifies the skin and restores its balance. Give your skin all the benefits of a “deep” cleansing with a professional purifying serum and IDEAL-PRO-LIFT.

Rediscover the beauty of a glowing matte complexion.



# Face Treatments

Face treatments for him and her

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CARITA Cotton softness

60 min. € 79

90 min. € 109

**Tender soothing care for sensitive skin**

Entrust your skin to the gentle hands of the beauty therapist, whose soft touch immediately soothes and comforts. Designed for the most sensitive skin, this treatment combines gentle massages and products, rich in soothing and restructuring ingredients. Let yourself be pampered by this cocooning treatment, a genuine source of soothing and comfort that evens out the complexion.



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CARITA Rice milk nourishment

60 min. € 79

90 min. € 109

**Delicious nourishing care for dry skin**

Offer your skin the nutrients it needs to maintain its vitality and balance with this treatment designed for dry, tight-feeling skin. Spend a delicious moment basking in relaxation as your face is enveloped in a blend of crème au lait de riz and warm baume de riz. A moment of pure well-being and comfort! You will love the feel of nourished, moisturised and supple skin.



# Face Treatments

Face treatments for him and her



## CARITA Firming lift

60 min. € 79  
90 min. € 109

### Toning revitalising care for sagging skin

Combining high-performance anti-ageing products, manual and specific massage techniques with IDEAL-PRO-LIFT, this firming and revitalising treatment has an immediate smoothing effect on the skin. Patches specially formulated for the eyes and lips help redefine these fragile areas. The skin is firmed and toned, and wrinkles are smoothed out.

## CARITA Sculpting gold perfection

60 min. € 79  
90 min. € 109

### Expert ultra-firming care for demanding skin

An exceptional treatment of extraordinary expertise and intense well-being. A veritable relaxation ritual with luxurious accessories and techniques creates an ambiance for optimal customer receptivity to relax the skin so that it heightens the benefits of the products that will be applied after. Tissue density is restored; the facial contours are visibly toned. The result shows in instant radiance.

Session of four treatments € 349



# Face Treatments

Face treatments for him and her

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St. Barth Pureness	60 min.	€ 79	90 min.	€ 109
St. Barth Freshness	60 min.	€ 79	90 min.	€ 109



This is an intensively relaxing and soothing treatment of the face, nape of the neck, décolleté and hands. The effect of the high-quality plant-based products with natural vitamins and minerals stimulates the skin's natural activity. For clear, even and fresh-looking skin.



# Body Treatments

## Body treatments

Take the time for yourself and discover how to regenerate your body and relax your mind with a different choice of body treatment.



### Rose SPA ritual

90 min. € 139

Start your journey to pure bliss from the soles of the feet to the tingling top of your scalp. Enjoy a tantalising massage that combines a series of cultural touches including reflexology, Hawaiian lomi-lomi and Balinese with a blissful experience of beautiful warmed oils as they are poured over your body. Following this, you will enjoy the exclusive Rose SPA mineral facial which will soften your skin and evoke a youthful, vibrant glow.

### CARITA Silk revelation

60 min. € 89

Relax your mind and mobilise your body's energy with a powerful massage that feels as light as silk. Beauty therapist's expert hands glide easily over your skin, which becomes incredibly soft and silky! This subtly executed, varied treatment is personalised just for you, offering your body a truly magical moment!

### CARITA Soft satin skin

60 min. € 89

Developed by the CARITA sisters, this toning treatment offers a draining, all-over body scrub to eliminate dead skin cells, followed by a massage to moisturise the skin and give it a radiant glow. Revel in the beauty of satin skin.



# Body Treatments

## Body treatments



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**CARITA Slimming body sculpt** 90 min. € 119  
Reshape and refine your body with this treatment combining a Rénovateur scrub, draining care, toning and firming massages. This complete treatment offers visible results after the very first session. For best results, a course of five treatments is recommended.  
3 sessions € 299

**CARITA Perfect body** 60 min. € 109  
Treat your body to the benefits of an exceptional treatment offering anti-ageing efficacy and total relaxation. Refine your contours and tone your body thanks to a unique massage technique that combines IDEAL-PRO-LIFT with concentré parfait corps, a professional serum ultra-rich in firming ingredients. For best results, a course of five treatments is recommended.

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**St. Barth Elasticity** 45 min. € 47  
Intensive body treatment to improve your skin condition with the use of valuable minerals. The skin tissue is revitalised and purified.

**St. Barth Sensation** (include 25-min. massage) 60 min. € 79  
Moisturising body pack, which enhances the appearance and elasticity of your skin.

**CARITA Body slimming treatment**  
**Sculpt and refine** 30 min. € 59  
Session of 3 packs € 159

This revolutionary body treatment is instantly effective, deeply therapeutic and profoundly pleasurable. By combining slimming mineral power and exclusive pro-lift technology, this innovative treatment combats the unevenness caused by cellulite to provide immediate and spectacular slimming and toning results. (Include 60-min. massage, together 90-min. treatment)  
90 min. € 109

# Body Peelings

## Peelings

The effect of the peeling session is immediately noticeable: clear, soft and smooth skin. Discover a wonderful new body feeling.



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St. Barth Softness	30 min.	€ 47
Lemongrass peeling	30 min.	€ 35
Mediterranean peeling	30 min.	€ 35
Rose peeling	30 min.	€ 35
Sea-salt mineral peeling from local resources	30 min.	€ 35

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Body pack with mud from local resources	45 min.	€ 47
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This deep-sea-mud body wrap with mud from local resources relaxes and refreshes the body while it detoxifies. Reduce cellulite, weight-loss stretch marks, scar tissue and eliminate toxins with this incredible treatment. The moor mud potent bioenergetics nature is a wonderful naturopathic treatment.



# Bath

## Bath

Experience the most divine bath.

# Hair & Nails

## Hair and Nails



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|--|----------------|-------------|
| <b>St. Barth Dream</b>   | <b>30 min.</b> | <b>€ 35</b> |
| Deep relaxing bath, escape from reality with a taste of the Caribbean. |                |             |
| <b>Rose SPA bubbles</b>  | <b>30 min.</b> | <b>€ 35</b> |
| Decadent invigorating bath. Take time out with a hint of roses.        |                |             |

Hairdressing service, manicure and pedicure available upon guests' request. For an appointment please contact the SPA reception or hotel reception desk.



# Massage

## Massage

Rose SPA delivers services that are dedicated to stimulating the fine balance between life, nature and spirit by integrating spiritual well-being and serenity into the traditional spa experience.



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<b>St. Barth Harmony</b>	<b>30 min.</b>	<b>€ 49</b>
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	<b>60 min.</b>	<b>€ 79</b>
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Pampering massage helps to release blockages, drains the lymphatic system and improves the elasticity of the skin.

<b>St. Barth Slimness</b>	<b>30 min.</b>	<b>€ 49</b>
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Soothing and relaxing leg massage for fast relief of heavy and swollen legs.

<b>Classic Rose massage</b>	<b>60 min.</b>	<b>€ 69</b>
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	<b>30 min.</b>	<b>€ 39</b>
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Full-body massage for harmonising and relieving tension in stressed muscles.

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<b>Well-being massage</b>	<b>60 min.</b>	<b>€ 79</b>
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A massage technique targeting large muscle groups such as the thighs, buttocks and back to broaden and stretch muscles.

The deep-tissue massage releases sluggish blood circulation and toxins that gather in tired, overworked muscles.

<b>Lymphatic drainage</b>	<b>60 min.</b>	<b>€ 79</b>
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Tired legs, swollen and heavy? Discover the secrets of manual lymph drainage, a soft treatment to drain away fluid, making you feel lighter than ever.



# Massage

## Massage



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**Four hands massage** 60 min. € 149

This is an amazing innovation performed by two professional massage therapists working together in a choreographed manner to heighten your massage experience. Meaning you receive double the relaxation and tension relief in half the time. It's like getting a two-hour massage in one hour!!!

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**Tui Na Chinese** 80 min. € 95

120 min. € 119

Tui Na is a hands-on body treatment using acupuncture and stretching and is comes from traditional Chinese medicine whose purpose is to bring the body into balance. Treatment is recommended for people who suffer from fibromyalgia, headaches, sore muscles, digestion problems, frozen shoulder, etc. and Chinese) uses traditional Chinese medical theory.



# Massage

## Massage



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### Hawaiian lomi-lomi

60 min. € 69

Lomi-lomi massage flowing with total energy, using long, continuous, flowing strokes, combined with a very loving touch relaxes the entire being, assisting in a letting go of old beliefs, patterns and behaviours that cause limitations and which are stored in the cells of our body.

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### Hot stone

60 min. € 79  
90 min. € 109

In Bali, it is believed that stones are filled with the vitality and energy of the water that flows over them in an eternal stream. Harnessing the properties of the stones, we bathe them in warm water, anoint them with the spicy, sensual aromas of the Orient, and place them on key energy points of your body, to balance the spirit.

The deep penetrating heat of the volcanic basalt stone is combined with traditional massage and aromatherapy techniques to release muscular tension.







# Waxing

Waxes

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Legs complete	50 min.	€ 35
Half legs	30 min.	€ 27
Bikini line	30 min.	€ 18
Underarms	20 min.	€ 15
Upper lip and chin	10 min.	€ 9
Complete wax (Legs, bikini line, underarms)	90 min.	€ 52



# Extras

Extras

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Eyebrow shaping		€ 8
Tinting eyelashes or eyebrows		€ 13
Tinting eyelashes and eyebrows		€ 19
Sunbed	5 min.	€ 5



# Hammam

## Hammam



Immerse yourself in the rituals of a Rose SPA hammam, soak up the therapeutic steam laced with essential oils, allow yourself the pleasure of polished-smooth skin and succumb to the seduction of massage. Enjoy of the privacy of the hammam wrapped from head to toe in soft robes, every inch of your body and every pore

on your skin will be rejoicing. It's a marvellous way to relax, socialise and to rejuvenate your body and has many proven health benefits.

**Body cleansing** 30 min. € 59

**Body cleansing and body pack  
(head and foot massage)** 60 min. € 109



# Mesotherapy

## Mesotherapy

Mesotherapy is a computerised medical technique without needles and treats specific conditions.



### Face

#### Face toning treatment

(for blush skin and spider veins)

60 min. € 100

This treatment increases elastin and collagen production, repairs and regenerates damaged tissue and protects cells from damage (free radicals). Vitamin K reduces the appearance of blush skin and spider veins.

#### Rejuvenating facial treatment

60 min. € 100

Delivering hyaluronic acid back into the skin provides transportation of essential nutrients from the bloodstream to living skin cells, and hydrates the skin by holding in water and acting as a cushioning and lubricating agent against mechanical and chemical damage.

#### Tired eye treatment

30 min. € 60

This treatment introduces high concentrations of therapeutic substances into the skin around the eye where they can be utilised by cells developing beneath. Amazing results after treatment.



# Mesotherapy

## Mesotherapy



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### Mesolift facial

30 min. € 55

This treatment introduces high concentrations of therapeutic substances into the skin where they can be utilised by cells developing beneath. Organic silica is an important structural component of connective tissue and helps to regenerate collagen and elastin fibres, hydrate the skin improving the metabolic processes and effective nutrition of the skin cells.

### Acne treatment

60 min. € 100

The general tone and appearance of the skin looks fresher and youthful as vitamin C encourages new collagen growth. Glycolic acid also is used to reveal a structure of new cells and normalise cellular metabolism.

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### Body

### Breast firming treatment

60 min. € 100

A combination of more than 15 herb and vegetable extracts are painlessly introduced into and above the breast tissue. Each ingredient has a vital function in the health and natural development of cells; increasing elastin and collagen production, repairing and regenerating damaged tissue and protecting the cells from damage.



# Mesotherapy

## Mesotherapy



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### Cellulite treatment

60 min. € 100

A combination of more than a dozen vitamins, minerals and amino acids, derived from herb and vegetable extracts, are introduced into the subcutaneous fat layer where cellulite exists. These non-toxic ingredients already exist in the body and have vital functions, or there are enzymes within the body that act in the same way. One of the key ingredients is an organic mineral that has the natural

function of correcting irregular tissue in the body. This mineral corrects the visible signs of cellulite that are caused by fibrous, hardened tissue that has trapped fats and fluids from circulating normally. Other ingredients make the local fat burn more easily as energy by the body and stimulate the cells, providing them with the necessary ingredients to function correctly.



# Teenagers Treatments

## Rose SPA teenagers' treatments

A variety of special services are available to children and young adults including treatments designed to teach the importance of self-care and well-being. Treatments are recommended for teens from 12 to 18 years old.



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<b>Kempi teen facial</b>	<b>60 min.</b>	<b>€ 79</b>
<b>Kempi teen mini facial</b>	<b>30 min.</b>	<b>€ 39</b>

Appropriate for all skin types and conditions, this facial begins with a personal analysis, followed by deep cleansing and a relaxing head and shoulder massage.

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<b>Kempi teen massage</b>	<b>60 min.</b>	<b>€ 79</b>
	<b>30 min.</b>	<b>€ 39</b>

Full-body massage designed to provide the benefits of massage and help to develop a health-conscious attitude.



# Rose Spa

## Opening hours

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Swimming pool and fitness suite  
Beauty and massage

7 a.m.– 9 p.m.  
9 a.m.– 8 p.m.



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Mixed sauna  
Kids time

9 a.m.– 8 p.m.  
7 a.m.– 6 p.m.



# Rose Spa

## SPA etiquette

Recommendations for an unforgettable SPA experience.



### Information and reservations

Please contact the Rose SPA on +386 (0)5692 7040  
If calling from your room please contact ext. 7040

We kindly request that mobile phones and computers are left outside the SPA or switched off so that the relaxing environment which we create is not disturbed.

### Special care

The SPA team should be informed about pregnancy or other medical conditions.

### Children and babies

Children under 12 years can stay in the SPA from 8 a.m. until 6 p.m.  
Babies have to wear swimming nappies to use the pool.  
The sauna area is open for children aged 12 years and above.



# Rose Spa

## SPA etiquette



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### Before the appointment

Please arrive 15 minutes prior your appointment in time to enjoy the relaxing atmosphere that we have prepared for you.

For your comfort we advise you to wear a bathrobe and slippers. Disposable underwear can be provided if necessary.

Please leave items of value in the safe in your room.

Rose SPA doesn't take any responsibility for personal effects which are lost.

The fitness centre is located on fifth floor in the old part of the hotel.

**Fitness facilities are used at your own risk.**

Personal trainer upon request. For information contact SPA reception.

Heated indoor swimming pool at 28°C with special hydro massage effects and chromo therapy (colour therapy), which will relax your body and invite you to unwind through exercise.

Heated jacuzzi at 32°C with special hydro massage effects and chromo therapy (colour therapy) relaxing the tide muscles especially after exercise.

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Sauna 80°C–90°C

Steam bath 45°C–55°C

Infrared 50°C–60°C

Solarium

Relaxation area

Hammam (SPA bookings)

### For men

Please shave at least four hours before your face treatment.

**Alcohol and smoking** is only allowed at the outside bar area.

### Sauna

It is a nude area. Please bring towels for using the sauna.

### Cancellation policy

We thank you for understanding that the cancellation fee of 80% of the treatment price will be invoiced for cancellations made less than 12 hours prior the appointment.

